

## GLUCOSE TOLERANCE TESTING DURING PREGNANCY

Between the 26<sup>th</sup> and 28<sup>th</sup> week of pregnancy you will do a two-hour diagnostic test for gestational diabetes. This test is very important due to potential effects on the management of your pregnancy.

This test requires you to be fasting. **Please do not eat, drink or chew gum for 8 hours prior to your arrival.** After a fasting blood level is drawn, you will be given the glucola drink. Your blood will be collected one hour after you finish the drink and again two hours later. **Please be advised this is a two-hour test, during which you must remain in our office.**

Along with testing your glucose level we will be testing your blood iron and platelet levels and running a urine culture. If you are Rh negative you will also have an antibody screen drawn prior to your RhoGAM injection at 28 weeks.